

Job Description: Trainee HSW Advisor

Job Title: Trainee HSW Advisor

Location: London Office – with travel to assigned projects

Contract Type: PAYE

Start Date: ASAP

About the Role

We are looking for a motivated and enthusiastic Trainee HSW Advisor to join our team and begin their journey in Health, Safety & Wellbeing within the construction sector. This is an exciting opportunity for someone at the beginning of their HSW career to gain hands-on experience supporting live projects and receiving mentorship from experienced professionals.

You will work closely with the Safety, Health & Wellbeing Director and the wider team to support day-to-day safety activities, attend project sites, and assist with audits, training, and compliance tasks. You will be encouraged to develop your skills through practical experience and supported CPD (Continual Professional Development).

Key Responsibilities

- Support in developing and maintaining ESG's Safety, Health & Wellbeing policies and procedures.
- Assist in providing basic HSW advice to ESG staff and subcontractors as directed.
- Learn to carry out safety audits and inspections on-site and help in the preparation of resulting reports and KPIs.
- Shadow experienced advisors in liaising with Principal Contractors and project teams.
- Help monitor site safety practices, noting areas for improvement and learning about corrective measures.
- Assist in incident investigations and contribute to the development of preventive actions.
- Take part in the preparation and delivery of toolbox talks and training sessions.
- Attend CPD events, workshops, and briefings to build knowledge of safety legislation and good practice.
- Gain familiarity with ESG's IT systems for document management, project folders, and templates.
- Learn about quality standards and document control processes within ESG.

Candidate Requirements

- Passionate about building a career in health, safety, and wellbeing.

- Eagerness to learn and grow within a dynamic construction environment.
- Strong communication and teamwork skills.
- Basic understanding or interest in health and safety regulations.
- A proactive, can-do attitude and the ability to follow guidance.
- Willingness to travel to project sites as required.
- Commitment to professional development.

Preferred Qualifications & Skills

- Studying towards or recently completed a relevant qualification (e.g. NEBOSH General Certificate or equivalent).
- Basic IT skills, including familiarity with Microsoft Office.
- Any previous exposure to construction or site work (through education, work experience, or placements) is a plus.

What We Offer

- On-the-job training and mentorship from senior HSW professionals.
- Opportunities for progression and professional accreditation support.
- A collaborative, safety-first culture where your contributions matter.
- Exposure to real-world construction projects and industry best practice.